**Moushira M. Anter**

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**Date of Birth:** October 5th, 1960

**Nationality:** Egyptian / Canadian

**Email address**: [antermoushira@hotmail.com](mailto:antermoushira@hotmail.com)

**Marital Status**: Single mother of two boys (20 and 22 y old, both are studying at Ontario – Canada).

**Certifications**

* **Certified Professional Co-Active Coach (CPCC)**

By CTI (Coaches Training Institute) CA-USA.

* **Relationship Coach**

**By** Relationship coaching by CRR (Center for Right Relationship) CA-USA.

**- Job and Career Development/Transition Certified Coach**

**By** The Career Planning and adult Development Network

**- NLP (Nero-Linguistic Programming) Certified Practitioner and Coach**

**By** Lucid Training (Egypt), and By The HRD Academy UK

I have two career transitions in my life, the first one was at 1994 when I changed my career from the Engineering field to the Education field with a diploma in Early childhood education, then from the education to the Co-active coaching at 2008, where I found the career I wish to pursue for the rest of my life.

I'm a person with passion towards people, and with a high interest in helping others through the field of Human Development. My dream is to help in changing the world, to be a better place for everyone, and I believe that the power to do this lies deep inside each and every one of us, all we need is to dig down there and find it, and this is my job now.

I also had the training for Relationship coaching by CRR (Center for Right Relationship) CA-USA.

I have been working as a Life Coach for 3 years now, where I helped my clients to change their lives and move towards their fulfillment. I've been using all my knowledge and experiences combined (co-active coaching, relationship coaching, job and career coaching, NLP coaching, and my own life experience) to help my clients know their own values and see their hidden potential and start to live the life of their choice with their unlimited capabilities.

**Previous Experience**

**2002-2004** Director and Principle of the Egyptian Arabic and Religion School – Vancouver , Canada. Where I was responsible of setting the curriculum for different age groups, hiring qualified teachers to apply the curriculum, helping students (and parents) to recognize the advantage of learning their native language and practice it, and providing a friendly environment for all participants to meet new people who share the same interest.

**2005-2008** Director and Owner of a Pre-School (Jellybeans)- Cairo, Egypt. Where I was able to create and implement a new method of learning through play, which allowed the children to have a chance to express themselves and to experience their freedom of choice.

**(2009-2010)** for 6 months at an NGO "Wayana- for awareness and inclusion of people with disabilities into the society- as an employment program director, where I was able to help over 100 persons with different disabilities to work at different companies and factories).

**2008 - Till now.**

I am working as a Co-active Coach:

* I have over 650 hours of One-on-one coaching sessions.
* 3 Public Workshops for "Self Awareness".
* 3 Public Workshops for "Career Coaching", where I've helped different people to re-discover themselves, through discovering their values, and ranking it, find out their motivational skills, learning about their personalities, identify their dreams and come up with the career that is a passion, they enjoy doing and would help them live a fulfilling life. Also, I help them push aside their limitations (limiting beliefs) that may be holding them from dreaming, or moving forward to their dreams.

2 Seminars "Unleash Life", to introduce the Co-active Coaching concept, and how it is a life changing process that is so much needed every where (the concept of coaching is not familiar in the Egyptian society yet – although it is very appreciated by the people when they know about it)

**Other Certificates:**

* Bachelor degree in Chemical Engineering- Cairo University.
* Early Childhood Education Diploma – Granton Institute of Technology – Toronto - Canada.
* Train-The-Trainer – Quest - Egypt